



Strategic Legal Advisory for Businesses, Institutions &
Emerging Enterprises

Litigation • Compliance • Regulatory Advisory • Business Protection



About Vara Legal

*Vara Legal is a modern legal and strategic advisory practice founded by **Anamika Tiwari**, built to help businesses, startups, professionals, and institutions navigate complex legal, regulatory, and commercial challenges — with clarity and confidence.*

Practical Expertise

*Legally sound solutions
grounded in real-world
business context*

Business-Oriented

*Commercially viable strategies
aligned with client objectives*

Full-Spectrum Support

*From litigation and compliance to contracts, labor, and healthcare
advisory*



FOUNDER & PRINCIPAL

Anamika Tiwari

*A legal professional with over **18 years of experience** across litigation, corporate advisory, regulatory compliance, labor law, healthcare, and dispute resolution.*

→ Commercial & Contractual Disputes

→ Corporate, Regulatory & POSH Advisory

→ Data Protection & Sector-Specific Guidance

→ Arbitration, Criminal & Consumer Disputes



What Sets Us Apart



Business-First Mindset

Legal advice shaped around your commercial goals — not just the rulebook



Preventive Legal Strategy

We identify and neutralize risk before it becomes a dispute or liability



Long-Term Partnership

Trusted advisors who grow alongside your business through every stage



Sector-Specific Depth

Deep expertise across healthcare, corporate, employment, and regulatory domains

Key Practice Areas

Corporate & Commercial Advisory

- *End-to-end general commercial support*
- *Contract drafting, review & negotiation*
- *Sector-specific regulatory guidance*
- *Strategic alliance & partnership support*

Labor Law & POSH

- *Employment documentation & HR compliance*
- *POSH policy drafting, training & implementation*
- *Internal investigations & workplace advisory*
- *Labor law compliance & risk management*

Regulatory Advisory

- *Licensing & operational compliance*
- *Healthcare & institutional legal support*
- *Consumer policy & consent mechanism drafting*
- *Distributor, vendor & consultant agreements*

Key Practice Areas (*continued*)

Litigation & Dispute Resolution

- *Commercial litigation & consumer disputes*
- *Criminal complaints & defense*
- *Arbitration, mediation & enforcement*
- *Recovery matters*

Data Privacy & Compliance

- *Data protection & technology law advisory*
- *Privacy policies, audits & risk analysis*
- *Regulatory notice assistance*
- *Internal compliance framework design*

Business Legal Strategy

- *Legal structuring for businesses & models*
- *Preventive risk assessment & mitigation*
- *Contractual risk & governance review*
- *Commercial protection strategies*

 *Representative matters include advising on labor compliance, handling commercial and consumer disputes, regulatory & IP enforcement, and legal notice management.*

Our Core Values

Integrity

Upholding the highest ethical and professional standards in every engagement, without exception.

Transparency

Clear communication, practical guidance, and informed decision-making at every stage of the engagement.

Excellence

Precise, strategic, and high-quality legal solutions tailored to each client's unique objectives.

Commitment

Long-term relationships built on responsiveness, reliability, and genuine accountability.

Justice & Fairness

Advocating with honesty, diligence, and a steadfast commitment to lawful and equitable outcomes.

Client Testimonials

“

"Vara Legal helped us navigate a complex employment compliance issue with precision and speed. Anamika's guidance was clear, actionable, and truly business-focused."

— Business Owner, Delhi NCR

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“

"We engaged Vara Legal for our POSH implementation and labor compliance review. The process was seamless and the documentation was thorough. Highly recommended."

— HR Director, Healthcare Institution

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“

"Anamika brings a rare combination of legal depth and commercial acumen. Her strategic advice on our contractual risk has saved us significantly in the long run."

— Founder, Technology Startup

”

Why Partner with Vara Legal?



18+ Years of Experience

Deep expertise across litigation, corporate, compliance, and regulatory practice areas



Strategic Clarity

Practical, business-oriented legal advice that helps you make confident decisions



Multi-Sector Depth

Serving corporates, startups, healthcare entities, professionals, and institutions





Vara Legal

Transforming Legal Challenges into Strategic Opportunities

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